EVERYDAY EXTRAS



EFFECTIVE 1 JANUARY 2023

Please read this product guide in conjunction with information on our website and the Important Information Guide.

If you're searching for a really practical extras cover, look no further than Everyday Extras. With dental, optical, massage therapy, physiotherapy and psychology included we've got you covered for many of our most popular extras.

EXTRAS COVER

Limits are per person, per calendar year, unless otherwise stated. Benefits are only payable up to the annual limit.

SERVICES	Waiting periods (months)	BENEFIT	ANNUAL LIMIT	
Dental Dental items are as defined by the Australian Dental Association (ADA) schedule and at our discretion. For information on actual benefits payable, contact us when you have obtained an itemised treatment plan from your dentist.				
General and preventative Includes the surgical removal of teeth (including wisdom teeth).	2	Set dental benefits depend on item number	No limits apply	
Major	12		\$2,000 overall	
Anti-snore device Replacement every 3 years from date of previous supply.		Set dental benefits depend on item number	\$300	
Crowns and bridges			\$650	
Dental implants			\$450	
Dentures			\$600	
Endodontia			\$450	
Inlays, onlays, facings			\$450	
Orthodontia The lifetime limit for orthodontia with Everyday Extras is \$2,100. See the Important Information Guide for details.			\$700	
Periodontia			\$450	
Optical	6		\$260	
Highlighted items: No benefit for additional lens treatments (eg. tinting/hardcoating/t	transitional).			
Complete set of glasses		100% (Up to annual limit)		
Single vision lenses		\$135		
Bi-focal lenses		\$135		
Graduated/progressive lenses		\$135		
Tri-focal lenses		\$135		
Contact lenses – disposable (single/pair)		\$31/\$62		
Contact lenses – hard/soft spherical		\$100		
Contact lenses – hard/soft toric		\$140		
Frames only Payable when prescription lenses are added.		\$115		
Repairs to frames		\$60		
Physiotherapy	2		\$700 overall	
Consultations – initial/subsequent		\$60/\$50		
Exercise physiology	+	\$30	\$250	
Group physiotherapy/exercise physiology/hydrotherapy Must be provided as part of a treatment plan.	Ð	\$20		
Postnatal/antenatal		\$17		
Paediatric assessment (one per year)		\$80		

SERVICES (CONT.)	Waiting periods (months)	BENEFIT	ANNUAL LIMIT
Other services			
Active Health Bonus Only available in combination with any hospital cover. Participation in online Health-e-Profile required every 12 months.	6	100%	\$40/single \$80/family
Massage therapy and myotherapy Provider must be registered with the Australian Regional Health Group.	2	\$40	\$400
Psychology and hypnotherapy Psychology benefit only paid for a Medicare registered psychologist. Counsellors must be registered with the Australian Regional Health Group.	2		\$400
Consultations initial/subsequent		\$75/\$63	
Group consultations (psychology only)		\$35	
Psychometric assessment (one per year)		\$116	
Counselling consultations – initial/subsequent		\$38/\$32	

THINGS TO LOOK OUT FOR

Per single/family cover

An individual on a single cover can only claim up to the single limit, whereas persons under a family, single parent, or couple cover can claim up to the family limit.

Initial consultation

Limit of one per year fo each service type.



Telehealth options available. See Important Information Guide for conditions and how to claim.

EXTENDED DEPENDANT COVER

Young adults who are single and not covered as student dependants can remain on their parents' policy until they turn 31, for an additional premium loading. Not available when combined with Basic Hospital or Gold Hospital.